

Review Article

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## History, Virulence Genes, Identification and Antimicrobial Resistance of *Enterococcus faecalis* Isolated from Diabetic Foot Patients

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### ABSTRACT

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Diabetic foot infections (DFIs) is a chronic form of diabetes mellitus (DM) associated with a high economic and social problem worldwide. Approximately 60% of these amputations is preceded by the presence of infected ulcers. Recently, *Enterococci*, mainly *Enterococcus faecalis* (*E. faecalis*), is considered one of the most frequent microorganisms isolated from hospital associated infections in many parts of the world. The aim of this manuscript is to provide a present concept review on the history of infections, virulence genes, identification and antimicrobial resistance of *E. faecalis* isolated from patients suffering from diabetic foot infections which are considered the most thoughtful and common problems encountered in patients with diabetes mellitus. A literature review on *E. faecalis* with emphasis on history of diseases, virulence genes, anti-microbial resistance and identification methods has been carried out in details.

### *Enterococci*

*Enterococcus* is a large genus of lactic acid bacteria that have the ability to grow under various aggressive conditions. Enterococci are Gram-positive cocci that often occur in pairs (diplococci) or short chains, and are difficult to distinguish from streptococci on physical characteristics alone (Gilmore *et al.*, 2002). *Enterococcus* species are facultative anaerobic

organisms that can survive at 60°C for short times and can grow in high salt concentrations. Recently, the genus *Enterococcus* is composed of thirty-eight species, *Enterococcus faecalis* (*E. faecalis*) and *Enterococcus faecium* (*E. faecium*) are considered the most common commensal two species normally inhabitant in the intestine of both humans and animals. (Gilmore *et al.*, 2002; John and Carvalho, 2011). Up to 1984,

*E. faecalis* was recognized as *Streptococcus faecalis*. Formerly researchers considered this bacterium as part of the genus *Streptococcus*. As stated by the Centers for Disease Control and Prevention (CDC), *E. faecalis* is responsible for about 80% of human infections.

### **History of *Enterococcus faecalis* diseases**

Enterococci are opportunistic microorganisms that become pathogenic due to defect in the immune system. Currently, (Olawale *et al.*, 2011) illustrated that *Enterococcus* species have the ability to cause hospitalized infections, especially of the urinary tract, surgical sites, and blood stream. Moses *et al.*, (2012) indicated that *Enterococcus* are considered the third isolated organism between hospitalized infections in the USA and the most common isolated microorganisms in blood stream. Enterococci are also considered one of main causes of infectious endocarditis after staphylococci and streptococci. Approximately 90% enterococcal endocarditis are caused by *E. faecalis*, with fewer than 5% affected by *E. faecium*. The morbidity and mortality of enterococcal endocarditis are high. The proportion of patients demanding cardiac operation 42% and the 1-year mortality ratio 29% have endured almost unaffected for the previous 30 years, and modern data demonstration that they may even be increasing (Miro *et al.*, 2013).

Primarily in the last two decades; these strains have occurred in hospitalized infections in the United States. In a previous study, Vancomycin Resistant Enterococci (VRE) form approximately 43% of all the enterococci isolates, a sum that is in height when one reflects the fact that vancomycin is not presented for clinical usage in Nigeria. The VRE isolates include two *E. faecalis* and the one *E. faecium* were isolated and resistant to eight tested antibiotics (Olawale *et al.*,

2011). The high prevalence of Enterococci has developed as a public health threat. Anvarinejad *et al.*, (2015) indicated that the Enterococci are the most common bacteria present in immune-compromised patients, such as diabetics, and in their foot ulcers, but their part in corruptions at these sites is not clearly detected.

### **Diabetic foot infections**

Diabetic foot (DF) is a chronic form of diabetes mellitus (DM) associated with a high economic and social problem. The danger of emerging a foot ulcer in a patient with diabetes ranges from 15% to 25% (Doria *et al.*, 2016). Diabetic Foot Ulcer (DFU) represents one of the major problems of Diabetes Mellitus (DM) with a yearly incidence of 10% among diabetic patients. It is calculated that 15% of diabetic patients are suffering from ulcers through their lifetime, and 10-30% of these cases ultimately develop to an amputation. The rate of infections is a significant causative issue for this case, as according to this review of literature; about 60% of these amputations is preceded by the presence of infected ulcers. The mortality after 5 years in patients suffering of a lower limb amputation is ranged from 50% to 60% (Perich *et al.*, 2010; Berlanga *et al.*, 2005). Most Diabetic foot infections (DFIs) require a polybacterial etiology, presence of enterococcal strains as part of the multifaceted diabetic foot microbiota. Former studies pointed to that the *Enterococcus* genus is one of the greatest gram positive pathogenic microorganisms in DFI samples (Semedo-Lemsaddek *et al.*, 2016).

The diabetic patients are approximately 366 million worldwide and it is expected to exceed half billion by 2030 (Quilici *et al.*, 2016). Foot ulcers are one of the major health concerns and hospitalization among patients with diabetes, worldwide. In the USA, the yearly

price of foot ulcers is estimated at US\$11 billion (Brechtow *et al.*, 2013). In Brazil, the population 30 years old and over with type 2 diabetes is calculated at 6.5 million. Rezende *et al.*, (2010) clarified that about 323 000 cases of foot ulcers were recorded yearly, 97 thousand of which need hospitalization. Addition to the prices of handling infection, diabetic patients is suffered from the danger of limb amputation, with rates of about 40timescomplex than in persons of normal cases. Several studies have explained the incidence of diabetic foot to be on the order of (3- 4%), accounting for unevenly 11 million patients with this complaint in 2014 (Santos *et al.*, 2013).

The controlling of both obesity and diabetes and their associated problems is considered as a substantial economic burden. McInnes, (2012) indicated that the yearly cost of diabetic foot disease to healthcare agencies in the United Kingdom (UK) exceeds £732 million equating to £1 in every £150 of the NHS financial plan. Throughout the high incidence of these circumstances, these costs are likely to intensify. Control of diabetic patients plays an important role in reducing the danger of emerging micro-vascular problems (UK Prospective Diabetes Study Group, 1998). A reduction in weight has been exposed to develop glycaemic controller, and weight loss is now considered as one of the strength steps of management in type 2 diabetes (Gooday *et al.*, 2014).

Aerobic gram-positive cocci are the main bacteria that colonize and extremely infect skin (Mathangi and Prabhakaran, 2013; Hartemann- Heurtier *et al.*, 2004). A total of 86 diabetic patients were investigated and *Enterococcus* spp. were frequently isolated from 34 (39.5%) patients consisting of 20 males (59%) and 14 females (41%), and showed a high degree of resistance to vancomycin. Knowing of the causative

microbes in Diabetic Foot Infections (DFIs) and their antibiotic susceptibility profiles is an important step for an appropriate treatment and eradication of infection (Anvarinejad *et al.*, 2015). In Portugal all *Enterococcus* species isolated from diabetic foot infections were considered as resistant to different antibacterial agents, gelatinase and cytolysin creators, and the majority also established the aptitude to harvest biofilms these consequences show the importance of enterococci in diabetic foot infection advance and persistence, particularly concerning their biofilm forming aptitude and resistance to clinically pertinent antibiotics (Semedo-Lemsaddek *et al.*, 2016). Currently, enterococci have developed one of the greatest public nosocomial infections, with patients having a great mortality rate of about 61 % Fisher and Phillips (2009).

Additionally, wound and soft tissue infections due to *Enterococcus* spp. are progressively increase. Risk factors for colonization and infection include earlier use of antibiotics. Nevertheless, data concerning the soft tissue and wound infections due to *Enterococcus* spp. and its resistance form among traumatic patients are uncommon (Rajkumari *et al.*, 2014). *Enterococcus* genus considered as one of the common gram positive pathogenic bacteria in DFIs samples, causative to the tenacity or cruelty of the disease and principal to higher morbidity and mortality degrees (Lipsky *et al.*, 2013). (Alzahrani *et al.*, 2013) reported that more researches on DFDs are needed in maximum of the Arabs' republics predominantly those in the Gulf Cooperation Council (GCC) area which informed very high incidence degrees and are predictable to hold these degrees for the next years.

### **Cellulitis**

The historical cellulitis is usually defined as a non-necrotizing infection of the skin and

subcutaneous tissues, frequently from acute infection. Cellulitis commonly monitors a breach in the skin, although a portal of entry may not be visible; the breach may include microscopic skin changes or invasive abilities of certain microorganisms. Skin and soft tissue infections without a clear trauma, scar, drainage, or abscess is mainly caused by streptococci, *Staphylococcus aureus*, and community acquired Methicillin Resistant *Staphylococcus aureus* (MRSA), is most common pathogen of this infection (Stevens *et al.*, 2014).

### **Deep skin and soft tissue infections**

Skin and soft tissue infections (SSTIs) are a significant reason of high morbidity and mortality rates among nosocomial infections and are considered as a main therapeutic research for clinicians. SSTIs are similarly an important cause for life threatening bacteremia and metastatic abscesses. Gram positive bacteria, such as *S. aureus* and *S.pyogenes*, represent the primary isolated bacteria from SSTIs, while gram negative bacteria are originating in chronic wound infections Cardona and Wilson (2015). Among culture established SSTIs in the USA, the frequent bacterial reason is *S. aureus*, although *P. aeruginosa*, *Enterococcus spp.*, *E. coli*, and BHS have also been recognized as significant sources of certain types of SSTIs (Ray *et al.*, 2013).

### **Osteomyelitis**

Osteomyelitis is a provocative procedure relating cortical and cancellous bone. In the maxillofacial area, the jawbone is the major affected bone (Zemann *et al.*, 2011). Recently, *Enterococcus cecorum* has been recognized as an emergent avian pathogen, related by spondylitis, femoral head necrosis, and osteomyelitis in broiler and broiler breeder flocks in Scotland (Stalker *et al.*, 2010).

*Enterococcus* vertebral osteomyelitis is a rare infection that can occur by hematogenous spread from an infection of the urinary tract (Kow *et al.*, 2014).

### **Enterococcus virulence genes**

*Enterococcus* species have numerous virulence factors such as enterococcal surface protein (Esp) and aggregation substance (Agg) which increase the process of colonization in epithelial lining of the host cells (Soheili *et al.*, 2014). Seventy-nine of Malaysian enterococci isolates were examined for the presence of different virulence genes. Soheili *et al.*, (2014) found that pilB, fms8, efaAfm, and sgrA genes of Enterococci are predominant in all medical isolates. In addition, incidence of gene coding for Esp has been commonly identified in medical isolates than commensal isolates (Giridhara Upadhyaya *et al.*, 2010).

The aggregation substance (Agg) is a pheromone inducible surface protein of *Enterococcus faecalis* essential for cell to cell connection throughout conjugation and for adhesion to eukaryotic cells. Medeiros *et al.*, (2014) demonstrated that this protein facilitates aggregation of donor and recipient bacteria and supports the conjugative plasmid transmission throughout microbial conjugation. In Brazil the asa1, gelE and esp virulence genes were recognized in 38%, 60% & 76% of all isolates, correspondingly (Comerlato *et al.*, 2013) and the first two genes were predominant in *E. faecalis* than in *E. faecium*. Moreover, various factors such as gelatinase, hemolysin, aggregation substance (AS), enterococcal surface protein (Esp), MSCRAMM Ace (microbial surface component recognizing adhesive matrix molecule adhesion of collagen from Enterococci), serine protease, cell wall polysaccharide, capsule and superoxide have been associated with the virulence of *E. faecalis* in animal models (Giridhara

Upadhyaya *et al.*, 2010). Gelatinase is a protease enzyme formed by *E. faecalis*. It is accomplished of hydrolyzing collagen, casein, hemoglobin and other peptides. Giridhara Upadhyaya *et al.*, (2010) clarified that hemolysin is a cytolytic protein associated with of red blood cells of human, horse and rabbit origin. This protein is associated with the increasing severity of infections. Alternatively, in Portugal (Semedo-Lemsaddek *et al.*, 2016), stated that the pathogenesis of foot ulceration is complicated, the death is excessive and ulcers are frequently occurred and lead to severe and chronic infections of the foot. Most DFIs have a poly-microbial etiology, enterococcal strains actuality portion of the multifaceted diabetic foot microbiota. The higher rate of *E. faecalis* among the diabetic foot ulcer enterococci relates to the predictable, as this species is reflected the highest pathogenic of this genus, being usually related with medical samples. El-Tahawy (2000), described that the frequency of Enterococci in diabetic foot infections in Saudi Arabian patients, has been increasing, and indicated that the high incidence might be due to former using of different. Whereas; in Turkey (Turhan *et al.*, 2013), established that the second most frequent Gram positive bacterium was *Enterococcus* spp. With about 30% isolated from diabetic foot ulcers.

Fischer and Phillips, (2009) found that he extracellular surface protein (Esp), encoded by the esp gene, is a cell wall-associated protein which contributes as adhesin for the pathogen to host tissue establishment and persistence in urinary tract infections. This protein is associated with increased virulence (Shankar *et al.*, 1999). Furthermore, (Koch *et al.*, 2004 and Lebreton *et al.*, 2009) indicated that *E. faecalis* species contain a special type of protein called cell surface protein which is considered as adhesion of collagen (Ace), and play an important role in the association of

microorganisms to host cell matrix proteins, for example collagen I, IV and laminin. Several studies on the pathogenesis of enterococci demonstrated that Ace protein may have a positive effect in. In India the different genes in responsible for virulence of *Enterococcus* species were identified by multiplex PCR and at smallest one of the five was noticed in all the scientific vancomycin resistant enterococci (VRE) and vancomycin sensitive enterococci (VSE). esp, gel E, and hyl genes were establish to be meaningfully advanced in medical VRE (Biswas *et al.*, 2016). Of the fecal isolates, occurrence of esp, gel E, and asa1 was importantly greater in VRE as compared to VSE. In addition, in Turkey the vanA MDR1 gene was noticed in all VRE isolates (Saba Copur *et al.*, 2016). Furthermore, from the virulence genes, hylesp was discovered in *E. faecium*, an *Enterococcus* with the uppermost resistance to vancomycin, and gelE was discovered in *E. faecalis*, an *Enterococcus* with the maximum sensitivity to vancomycin. Three or more virulence genes were recognized only in VSE strains. We reflect that it is an important outcome that VSE had more virulence genes than VRE. Esp was only noticed in VRE *E. faecium* strains. In India, *E. faecalis*, 16 isolates (12.9%) and 4 isolates (3.2%) showed resistance to vancomycin and teicoplanin by disc diffusion correspondingly (Rengaraj *et al.*, 2016). Van A was discovered in 2, van B in 7 and one had both van A and van B. In China, Sun *et al.*, (2012) stated that *E. faecalis* showed vancomycin and teicoplanin MIC results at  $\geq 256$   $\mu\text{g/mL}$  and harbored vanA, but for 1 vanB carrying strain (MIC, 32 and 1  $\mu\text{g/mL}$ , correspondingly). In Pakistan, Yameen *et al.*, (2013) informed that VRE presented resistance to teicoplanin and vancomycin together and none was resistant to linezolid and inupristin/dalfopristin. Frequently, MICs of vancomycin for adenoid and perirectal VRE were 512 mg/L and 64 to 512 mg/L separately. VRE were detected in

patients with long-lasting hospitalization, from city areas and those having pneumonia. In Malaysia, Raja, (2007) indicated that 9% of *Enterococcus* spp. from 287 microorganisms isolated from diabetic foot infections. In India, Vinodkumar *et al.*, (2011) found that a whole of 65.6% of *Enterococcus* spp. were isolated from diabetic foot infections with high level aminoglycoside resistance (HLAR). Multidrug resistance and associated resistance of HLAR strains to other antibiotics were moderately high. The nosocomial infection of *Enterococcus* species has increased in recent years, in addition to growing resistance to the glycopeptide vancomycin antimicrobial drugs. Understanding of ecology, epidemiology and virulence of *Enterococcus* spp. is significant for preventive numerous infections, and in addition stop the development of antimicrobial resistance Fisher and Phillips, (2009). The degree virulence and pathogenicity have been described by genotypic methods. Klibi *et al.*, (2007) indicated that numerous genes isolated from resistant enterococci (agg, cpd, cylLLS, esp, gelE, ace, fsrB) were encoded to virulence factors for example the production of gelatinase and hemolysin, adherence to caco-2 and hep-2 cells, and ability for biofilm formation. Different isolates of *E. faecalis* and *E. faecium* exhibited varied strategies of virulence factors.). In India Bhatt *et al.*, (2014) established that VanA gene was observed in all the fourteen isolates by Multiplex PCR. One of the PCR amplicons was directed for sequencing and the sequence established was submitted in the GenBank (GenBank accession no. KF181100).

### **Mechanism of resistance to antimicrobials**

Resistance to various antibiotics is considered as a standard biological phenomenon. The plan of using each antibiotic as a therapeutic agent has been followed through the recognition in the lab of microbial strains that are resistant, i.e. capable to increase in the

presence of drug cares greater than the attentions in humans getting therapeutic amounts Davies and Davies, (2010). Such resistance might be a characteristic associated with the entire species or occurs in the vulnerable strains by alteration or gene transfer. Resistance genes encode numerous devices which let bacteria to resist the inhibitory properties of exact antimicrobial agents Malachowa and DeLeo, (2010). Gram negative bacteria use four mechanisms of resistance to survive to the antibiotic treatment.

### **Efflux of antibiotics from bacteria**

*Enterococcus faecalis* is supposed to have a high level of resistance to various types of antibiotics. Drug efflux pump proteins in microorganisms drop into five distinct proteins and they are typically encoded by chromosomal genes./The Colony blotting presented that the *Enterococcus faecalis* isolates protected multidrug efflux pump genes (Chouchania *et al.*, 2012). Multidrug efflux pump concept, sanitization, and sequencing showed the spreading of *mefA* and *msrA/msrB* efflux pumps.

### **Outer membrane permeability**

Most of antibacterial agents enter the microbial cell to reach their target site wherever they can affect with the usual role of the microbial organism. Porin channels are the passages through which these agents would usually annoyed the microbial outer membrane. Certain microorganisms protect themselves by elimination these antimicrobial complexes from incoming past their cell walls. Diversities of Gram negative microorganisms decrease the uptake of various antimicrobial groups, for instance aminoglycosides and  $\beta$ -lactams groups, throughout the adaptation of the plasma membrane porin channel. denEngelsen *et al.*, (2009) demonstrated that

the prevention of these antimicrobials from achievement their actions, are based on the ribosomes and the penicillin binding proteins (PBPs).

### **Modification of the antimicrobial target**

Several microbial species can resistant antibiotics through covering their target sites (Figure 1). Consequently, despite the presence of an entire and active antimicrobial complex, no subsequent binding or inhibition will take site Schmieder and Edwards (2012).

### **Modification of the antimicrobial enzymatic activity**

Ampicillin and penicillin are considered the most common  $\beta$ -lactam antibiotics against enterococci by inhibiting the synthesis of peptidoglycan, which is one of the basic structures of the bacterial cell wall. Penicillin-binding proteins (PBPs) are the corner stones for synthesis of the cell wall of microbial cells and they can be classified into two main groups: class A, which are functional enzymes that composed, d-trans peptidase and trans glycosylase, and class B, which have one the transpeptidase range and depend on the trans glycosylase action of other enzymes (Miller *et al.*, 2014).

### **Natural resistance**

Natural resistance is the innate aptitude of a microbial species to resist action of specific antibiotics and concluded its characteristic structural or useful characteristics, which permit tolerance of a specific drug or antimicrobial class, such as normal resistance of E coli to penicillin (Martinez, 2002).

### **Acquired resistance**

Acquired resistance is occurring once specific bacteria obtain the aptitude to resist the action

of a specific antibacterial agent to which it was earlier susceptible. van Hoek *et al.*, (2011) stated that exert their action through the mutation of genes implicated in usual physiological procedures and cellular constructions, from the acquirement of external resistance genes or from a mixture of these two mechanisms, such as when E. coli resistant to ampicillin.

### **Vertical gene transfer**

Assassination susceptible microorganisms while permitting strains with resistance to that specific antibiotic to live and grow. Characters for such resistance are then vertically delivered on to daughter cells thru cell division, then making a resistant populace which can then feast and be additional sources of resistance genes for other strains (Lawrence, 2005).

### **Horizontal gene transfer**

The antibiotic resistance genes are transfer on plasmids, transposons or integrons that can performance as vectors that transmission these genes to other memberships of the same microbial species, as well as to microorganisms in additional genus or species.

Horizontal gene transmission may arise via three main techniques: transformation, transduction or conjugation (Vogan and Higgs, 2011). Antibiotic resistance has been acquired, and has dispersed through enterococci, via horizontal transfer of mobile genetic elements. This transfer has been facilitated mostly via conjugative plasmids of the pheromone-responsive and wide host range incompatibility group 18 types and lately they played a significant part in mediating transmission of vancomycin resistance from enterococci to methicillin-resistant strains of *Staphylococcus aureus* (Palmer *et al.*, 2010).

### **Vancomycin resistant enterococci (VRE)**

Vancomycin resistant enterococci (VRE) are a sort of microorganisms termed enterococci that have established resistance to numerous antimicrobial agents, particularly vancomycin. CDC, (2011) indicated that *Enterococcus* species live in our guts and on our skin, commonly without adverse effects nevertheless if they develop resistant to antibiotics, they can lead to grave infections, particularly in societies who are ill or weak. These infections can arise anywhere in the body. Certain common sites contain the guts, the urinary tract, and wounds. VRE exert its action when it attacks the bloodstream. Furthermore, it can be presented into a wound. Infection is additional possible in publics with chronic diseases like diabetes or patients who have lately received antibiotics. It is also further joint in patients with indwelling devices like intravenous lines or urinary catheters and those with compromised immune systems. When medical isolates of these enterococcal species with acquired vancomycin resistance initiated to show in the late 1980s, it encouraged significant changes in testing of enterococci in the medical microbiology laboratory, infection control of enterococci, and management of enterococcal infections (Eliopoulos and Gold, 2001). Driscoll, Crank, (2015) in USA established that *E. faecalis* is considered the most common cause of joint infections, nevertheless *E. faecium* is an extra resistant to antibiotics with a half of nosocomial isolates in the US producing resistance to ampicillin and vancomycin. Rendering to the National HealthCare Safety Network (NHSN), from 2009 to 2010, (35.5%) of enterococcal hospital related infections were resistant to vancomycin, ranking as the 2<sup>nd</sup> greatest public reason of nosocomial infections in the US (Sievert *et al.*, 2013). In contrast, Canada has a lesser frequency of VRE; rendering to CANWARD, (6%) of enterococci in Canada

were resistant to vancomycin from 2007 to 2011 (Zhanel *et al.*, 2013; Lochan *et al.*, 2016). In South African reported that VRE was found in 8 of 55 patients screened. Infected and colonized patients were isolated in the unit throughout their admission and strict interaction precaution infection control applies were established. The *vanA* gene was recognized in all of the isolates (Tripathi *et al.*, 2016).

In India found that *E. faecalis* (72, 61%) and *E. faecium* (46, 39%). All 118 vancomycin resistant isolates were *vanA* genotype (minimum inhibitory concentration [MIC] to vancomycin  $\geq 64$   $\mu\text{g/ml}$  and MIC to teicoplanin  $\geq 32$   $\mu\text{g/ml}$ ) and none of the isolates was *vanB* genotype. Multivariate logistic reversion analysis recognized ventilator provision and hospital stay for  $\geq 48$  h as sovereign risk factors related with VR *E. faecalis* and VR *E. faecium* infection or colonisation. Hospital stay  $\geq 48$  h was the only sovereign risk factor for mortality in patients infected with vancomycin resistant enterococci. Amberpet *et al.*, (2016) conveyed that Mainstream of the isolates were *Enterococcus faecium* (77.2 %) followed by *Enterococcus faecalis* (23.8%). All the VRE isolates were positive for *vanA* gene. Augmented period of hospital stay, younger age, consumption of ceftriaxone and vancomycin were established to be significantly related with VRE colonization in MICU. Amongst VRE colonized patients, (6, 4.5%) acquired VRE infection. Karimzadeh *et al.*, (2016) in Iran reported that all *Enterococcus* spp. isolates within the 3 years were resistant to oxacillin. The rate of vancomycin resistant enterococci (VRE) augmented from 40.63% in 2013 to 72.73% in 2015. *Enterococcus* spp. resistance rates to aminoglycosides during 3 years were above 85%. Hospitalization, surgical processes, and, particularly, lengthy or broad spectrum antibiotic treatment may dispose patients to

colonization and/or infection with antibiotic resistant bacteria (e.g., MRSA or vancomycin-resistant enterococci [VRE]) (Hartemann-Heurtier *et al.*, 2004). Vancomycin (or glycopeptide) intermediate *S. aureus* has been isolated in numerous nations. Of note, the first 2 conveyed suitcases of vancomycin resistant *S. aureus* each implicated a diabetic patient with a foot infection CDC (2002). FURLANETO-MAIA *et al.*, (2014) in Sao Paulo found that all isolates of *E. faecium* and *E. faecalis* we observed 100% arrangement. Resistance incidences were advanced in *E. faecium* than *E. faecalis* the resistance degrees gained were greater for erythromycin (86.7%), vancomycin (80.0%), tetracycline (43.35) and gentamicin (33.3%). The relationship between disk diffusion and automation revealed a convention for the plurality of the antibiotics with category agreement degrees of more than 80%. In India, Bhatt *et al.*, (2014) demonstrated that 14, (14.6%) out of 96 *Enterococcus* spp isolates, were resistant to vancomycin via vancomycin E test method (MIC32mg/ml).

### **Phenotypes, genotypes of glycopeptide resistance in Enterococci**

Microbial cell walls are consisting of peptidoglycan that is made once cell wall pentapeptide precursors finish in D-Ala-D-Ala translocate subsequently the cytoplasm to the cell external and are combined into emerging peptidoglycan by trans-glycosylation, creating cross links via trans-peptidation to strengthen the cell wall (Mainardi *et al.*, 2008).

The main report of enterococci resistant to great absorptions of glycopeptide antimicrobial agents such as vancomycin and teicoplanin was published in 1988, once Uttley *et al.*, indicated that the incidence of an outbreak of vancomycin resistant *E. faecium* infecting patients in a hospital renal unit. In relation to glycopeptide resistance, there are

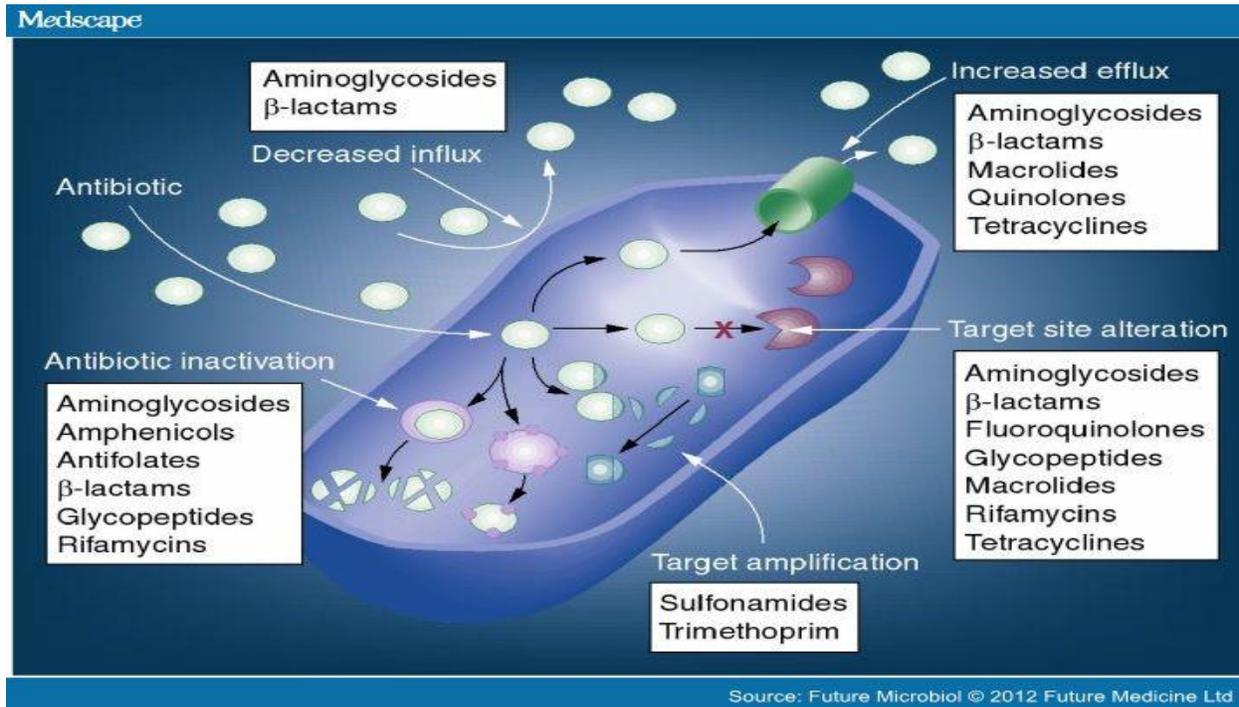
six phenotypes, three of which are frequently arising. The VanA phenotype has an inducible high level of resistance to vancomycin in addition to teicoplanin (encoded by the VanA gene). The VanB phenotype (encoded by two vanB genes) has an excessive resistance to vancomycin only. The VanC phenotype (encoded by two vanC genes) reveals a non-inducible squat level resistance to vancomycin (Eliopoulos and Gold, 2001).

Van A and Van B are the greatest clinically important phenotypes and are typically seen amongst *E. faecalis* and *E. faecium* isolates. Van C is both intrinsic and specific in *E. gallinarum* and *E. casseliflavus*. Since they are intrinsic relatively than acquired, they signify a dissimilar impact/significance for hospital epidemiology; final speciation can have import for infection control tenacities.

Recently, both ampicillin and vancomycin exert the most common resistance to *E. faecium* isolates than with *E. faecalis*. Forbes *et al.*, (2014) indicated that vancomycin is highest – *E. faecium* strains which have the vanA gene. In 2002, the threat of VRE colonization and infections improved when the first patient case of VRE transmitting *vanA* resistance genes to methicillin-resistant *Staphylococcus aureus* (MRSA) to form a vancomycin-resistant *Staphylococcus aureus* (VRSA) isolate was detected (Chang *et al.*, 2003).

Praharaj *et al.*, (2013) illustrated that 32 out of 367 isolates of *Enterococcus* species isolated, were established resistant to vancomycin after MIC testing. VanA was the the most common phenotype of vancomycin resistance. An occurrence of heterogeneity in isolates of VRE with the *vanA* gene cluster with respects to resistance to teicoplanin and the cohabitation of *vanA* and *vanC1* gene clusters in an isolate of *E. gallinarum* which allow a high level glycopeptide resistance to the isolate.

**Fig.1** Actions of antimicrobial resistance to different microorganisms.  
Schmieder and Edwards, (2012)



### Aminoglycoside resistance

Furthermore, *Enterococcus* species are essentially resistant to different aminoglycosides group due to reduced cellular permeability of these agents, however this can be overcome with the adding of a cell wall acting agent as  $\beta$ -lactam, which enhance the entry of the aminoglycoside into the cell. In 1979 in the United States, the high level resistance (HLR) to gentamicin was established in both *E. faecalis* and *E. faecium*, and was followed rapidly by the isolation of HLR to both gentamicin and streptomycin in 1983 (Mederski-Samoraj and Murray, 1983). MICs of *E. faecalis*, differ for the aminoglycosides, with the highest degree of resistance was seen to streptomycin (MIC up to 500  $\mu\text{g/ml}$ ) (Hollenbeck and Rice, 2012).

In Kingdom of Saudi Arabia, El-Kersh *et al.*, (2016) indicated that the HLR to Gentamicin and streptomycin for different *E. faecalis*

isolates were 25% and 11% respectively. In addition, Yezli *et al.*, (2012) in Saudi Arabia illustrated that VRE has been detected against *E. faecalis* and *E. faecium* isolates in addition to with high level resistance was noticed to penicillin, sulfamethoxazole, macrolides, tetracycline, and aminoglycosides. In Ethiopia, Abamecha *et al.*, (2015) found that out of 114 examined *Enterococcus* species, 41 (36%) were resistant to ampicillin, 62 (54.4%) to streptomycin and 39 (34.2%) to gentamycin. Moreover, a highest degree of VRE *faecium* strains in the USA showed HLR to ampicillin, while maximum VRE *faecalis* strains continue susceptible to ampicillin (Driscoll *et al.*, 2015).

HLR to aminoglycosides is acquired out of two techniques of resistance: alteration of ribosomal engagement places and the manufacture of aminoglycoside modulate enzymes. Gentamicin or streptomycin is the recommended synergistic agents for usage

with  $\beta$ -lactams to get bactericidal action. Eliopoulos (1993) indicated that the presence of HLR to aminoglycosides terminates the bactericidal action found with  $\beta$ -lactam and aminoglycoside synergy in medical pursuit. An increased frequency of elevation level of resistance to aminoglycoside antibiotics (MIC > 8,000  $\mu\text{g}/\text{mL}$ ) in medical isolates of enterococci has been described which were also resistant to synergism with the penicillins. Mittal *et al.*, (2016) demonstrated that the emergence of multidrug resistant enterococci to frequently utilized antimicrobial agents, e.g., aminoglycosides and cephalosporin's, is due to their capability to achieve and transfer the drug resistance gene, leading to increase the level aminoglycoside (HLAR) and glycopeptide resistance against enterococci. In Germany, Werner *et al.*, (2012) stated that 64 *E.faecalis* and 37 *E. faecium* isolates did not show a particular multi resistance phenotype and resistances to glycopeptides and antibiotics. Moreover, in India, Vinodkumar *et al.*, (2011) conveyed that a total of 65.6% of *Enterococcus* spp. showed HLAR.

### **$\beta$ -lactam resistance**

Enterococci apply a squat level intrinsic resistance to  $\beta$ -lactams due to penicillin-binding proteins (PBPs) with a squat empathy for these agents. Related to streptococci, *E. faecalis* is 10–100-fold less sensitive to penicillin, and matched to *E. faecalis*, *E. faecium* is 4–16fold less susceptible. Consequently, enterococci are tolerant to of the various  $\beta$ -lactam antibiotics, Nevertheless, if bactericidal action is required to treat severe infections such as endocarditis or meningitis, a synergistic bactericidal mixture of a  $\beta$ -lactam with an aminoglycoside can be utilized (Arias *et al.*, 2010). High-level  $\beta$ -lactam resistance in enterococci is primarily due to two main techniques: the production of low-affinity PBP5, or the production of  $\beta$ -

lactamases. Overproduction of PBP5 with low-affinity compulsory to  $\beta$ -lactams is distinguishing of *E. faecium* but unusual amongst *E. faecalis*. Actually, in the US most VRE *faecium* strains express high-level resistance (HLR) to ampicillin, whereas several VRE *faecalis* strains continue sensitivity to ampicillin. The production of  $\beta$ -lactamases is rare in *Enterococcus* species, nevertheless they can be a precursor of HLR by hydrolyzing  $\beta$ -lactams earlier they reach their target in the cell wall. It is practically worldwide due to *E. faecalis* strains and is constitutive and inoculum dependent (Cattoir *et al.*, 2013).

*E. faecalis* chromosome does not comprise any extra glycosyl transferase-related genes, these comments designate that glycan chain polymerization in the triple mutant is did by a novel type of glycosyl transferase. The last enzyme was not reserved by moenomycin, subsequently deletion of the three classes A PBP genes led to high-level resistance to this glycosyl transferase inhibitor (Arbeloa *et al.*, 2004). Enterococci have an intrinsic low vulnerability or resistance to  $\beta$ -lactams. *Enterococcus faecalis* naturally has least inhibitory concentricity (MICs) for penicillin of 2–8 mg L, these significant human microorganisms have been the topic of intense molecular revisions, together with *Enterococcus hirae*, which is more of a veterinary anxiety (Hujer *et al.*, 2005).

In USA, Smith *et al.*, (2015) illustrated that *Enterococcus faecalis* (*Efc*) and *Enterococcus faecium* (*Efm*) are regularly resistant to different antibiotics such as vancomycin and  $\beta$ -lactams (BLs). Fifteen *Efc* and 20 *Efm* strains were assessed for daptomycin improvement by mixture MICs. Daptomycin MICs were found by micro dilution in the absence and presence of ceftaroline, ertapenem, cefepime, ceftriaxone, cefotaxime, ceftazolin and ampicillin.

## **Phenotypic, molecular and mass spectrometry identification of *E. faecalis***

### **Phenotypic identification by Vitek2 compact system**

VITEK 2 cards which includes tests for Antimicrobial Susceptibility Testing (AST), which are FDA approved. The Vitek 2 AST (BioMérieux Vitek 2, France) uses Cefotaxime and Ceftazidime, only (at 0.5 µg/mL) and in mixture with Clavulanic acid (4 µg/mL). Inoculation of the cards is identical to that performed for steady VITEK 2 cards. Analysis of all wells is achieved mechanically once the growth control well has got a set threshold (4-15 hours of incubation). A predetermined reduction in the growth of the Cefotaxime or Ceftazidime wells comprising Clavulanic acid, compared with the level of growth in the well with the Cephalosporin alone, shows occurrence of ESBLs. Sensitivity and specificity of the technique out do 90% (Winstanley and Courvalin, 2011).

### **Molecular identification by PCR assay**

The aim of the polymerase chain reaction (PCR) is to identify and describe genes. PCR is an in vitro technique for amplifying a DNA sequence via a heat stable polymerase and two primers, one complementary to the (+) strand at one end of the sequence to be amplified and the other complementary to the (+) strand at the other end. The recently synthesized DNA strands then assist as templates for the similar primers and succeeding rounds of primer annealing; strand elongation and dissociation harvest a greatly particular amplification of the sequence. PCR can be used in ecological observing assays to discover the presence or nonexistence of a DNA sequence in a sample, for example, a gene particular for an infectious viral particle or bacterium (Olsen, 2012). It is developed by

Kary Mullis in the 1980s. PCR is established on using the capability of DNA polymerase to manufacture new strand of DNA complementary to the existing template strand. In order to DNA polymerase can add a nucleotide one onto a preexisting 3'-OH group; it requests a primer to which it can add the first nucleotide. This obligation makes it potential to delineate a particular area of template sequence that the investigator wants to amplify. Aboud *et al.*, (2013) indicated that at the ending of the PCR response, the particular sequence will be accrued in billions of copies (amplicons).

By way of the heat, degree in the tube passes into the  $T_m$  range and settles at the  $T_a$  temperature, the greatest probable number of primer molecules relative to the number of obtainable targets will have found those targets and will lay down in stable duplexes (Carr and Moore, 2012). Agarose gel electrophoresis is employed for size parting of the PCR output. The size(s) of PCR products is determined by comparison with a DNA ladder (a molecular weight marker), which comprises DNA fragments of identified size, run on the gel alongside the PCR products (Lee *et al.*, 2012). In Germany, Werner *et al.*, (2012) described that Molecular typing of the 64 isolates of *E. faecalis* showed three PFGE clusters of associated strains represented by 3 MLST types (ST40, ST211, ST268). In China, Sun *et al.*, (2012) demonstrated that *E. faecalis* showed vancomycin and teicoplanin MIC results at  $\geq 256$  µg/mL and harbored vanA, excluding for 1 vanB-carrying strain (MIC, 32 and 1 µg/mL, correspondingly). In addition, in USA, Ferguson *et al.*, (2016) stated that multiplex PCR was used to liken the delivery of virulence genes amongst *E. faecalis* and *E. faecium* isolated from coasts in Southern California and Puerto Rico to isolates from potential foundations counting humans, animals, birds, and plants. All 5 virulence genes were discovering in *E.*

*faecalis* and *E. faecium* from coastline water, typically amongst *E. faecalis*. *gelE* was the maximum joint amongst isolates from all exporters types. In Iran, Honarm *et al.*, (2012) established that routine analysis and PCR for all inoculated blood samples with  $\geq 5$  cfu/ml was positive. Meanwhile for PCR and routine assays was ten hours and five days, respectively PCR is a further rapid and sensitive assay for simultaneous discovery and description for *E. faecalis*, and determination of its sensitivity pattern to vancomycin.

In Germany, Dalpke *et al.*, (2016) stated that the susceptibilities of the various PCR formats were 84 to 100% for *vanA* and 83.7 to 100% for *vanB*; specificities were 96.8 to 100% for *vanA* and 81.8 to 97% for *vanB*. In China, He *et al.*, (2016) indicated that nine *optrA*-carrying plasmids were conjugated into *E. faecalis* JH2-2 and the trans conjugants exhibited the *optrA*-associated phenotype.

The specific and rapid detection and quantification of *ace*, *esp* and *gelE* genes compared to conventional PCR assays, thus allowing the rapid and direct safety assessment of *Enterococcus* genus in food samples (Abouelnage *et al.*, 2016). In Serbia, Stojanovic *et al.*, (2014) indicated that *E. faecalis* was discovered in 49% (25/51). When individuality was made between the intracanal medications, there was an important variance in the number of PCR positive samples between S1 and S2, S1 and S3, but not between S2 and S3 samples. FURLANETO-MAIA L *et al.*, (2014) in Sao Paulo found that the PCR-based assay, the *van (A)* gene was detected in 100% of vancomycin resistant enterococci. This evaluation is simple to conduct and steadfast in the identification of clinically pertinent enterococci. The data acquired supported the requirement for a development of the automated system to detect some enterococci.

### **Proteomic identification by Mass Matrix assisted laser desorption/ionization (MALDI)**

The term matrix assisted laser desorption ionization (MALDI) was invented in 1985 by Franz Hillenkamp, Michael Karas and their colleagues (Karas *et al.*, 1985). Based biotyping is an emerging method for high throughput and quick bacterial ID. Due to its comparatively greater accuracy, inclusive database of clinically significant bacteria and low price compared to other bacterial ID techniques, MALDI has started changing current applies prevalent in clinical diagnosis. Nevertheless, applicability of MALDI in the area of bacterial research is still partial mostly due to the absence of data on non-clinical bacteria (Alatoom *et al.*, 2011). Matrix-Assisted Laser Desorption/Ionization Time-of-Flight Mass-Spectrometry (MALDI -TOF MS) is a quick and reliable method for microbial identification as most results got by this are like to that of 16S rRNA gene sequence analysis but at a quick rate and at a lesser price. This method is based on fingerprinting analyses of mainly ribosomal proteins, which are manufactured under all growth circumstances and are the most plentiful cellular proteins (Rahi *et al.*, 2016). MALDI-TOF MS has been used to characterize a wide variety of bacteria including bacteria, fungi, and viruses the competence of MALDI-TOF to quickly characterize bacteria favors its potential uses in multiple areas including medical diagnostics, biodefense, ecological monitoring, and food quality control. MALDI-TOF MS is appropriate for high-throughput and quick bacterial identification at low prices and is a different for conventional laboratory biochemical and molecular identification systems (Giebel *et al.*, 2010; ElBehiry *et al.*, 2014; Elbehiry *et al.*, 2016). In Germany, Werner *et al.*, (2012) indicated that the conventional and MALDI

TOF MS analyses identified 64 *Enterococcus faecalis* and 37 *Enterococcus faecium* isolates, which were confirmed by species-specific PCRs. In Zagreb, Dobranic *et al.*, (2016) stated that MALDI-TOF MS identification presented 100% concordance with API 20 Strep in the identification of *Enterococcus faecalis*.

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